

## **Cartrefi Cymru Co-operative have found common ground with Inclusive Online Activities**

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With a shared vision to promote independence amongst adults with learning disabilities, both organisations are working together to create fun opportunities for people and build an online community.

Cartrefi primarily support people with learning disabilities in Wales to live good lives in the community. The covid pandemic forced people online, which is when Cartrefi established Cartrefi Fest, an online festival for the people they support to come together, learn a new skill or just have fun. This year, the festival was supported by Inclusive online Activities who brought enthusiasm, entertainment and lots of engagement!

Alys Phillips, senior communications officer at Cartrefi explained that 'Staff at Cartrefi work tirelessly to open up opportunities for the people they support, joining together with Inclusive Online Activities will just add another online dimension to this good work'.

Inclusive online Activities was set up to reach people with learning disabilities who might otherwise be isolated, encourage self-confidence and build friendships.

Carol from Inclusive Online Activities explained 'We are really excited to be working with Cartrefi to offer our online activities to a wider audience, and ultimately bring more people together online, in a safe environment to have fun. We look forward to welcoming participants from across Wales to join us'.

For more information on what's available and to attend a free taster session please contact [communication@cartrefi.coop](mailto:communication@cartrefi.coop)